



**WERK SAN**

"WEIGHTLIFTING EQUIPMENT"



**LAP**  
FITNESS

# CUSTOM

BUMPER PLATES



CBP110 COLORED BUMPER PLATES 10 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 33 M



CBP115 COLORED BUMPER PLATES 15 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 42 M



CBP120 COLORED BUMPER PLATES 20 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 53 M



CBP125 COLORED BUMPER PLATES 25 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 63 M

CROSSFIT

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# CUSTOM

BUMPER PLATES / LBS



CBPLBS110 STRIPED  
BUMPER PLATES 10 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 33 M



CBPLBS115 STRIPED  
BUMPER PLATES 15 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 42 M



CBPLBS120 STRIPED  
BUMPER PLATES 20 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 53 M



CBPLBS125 STRIPED  
BUMPER PLATES 25 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 63 M

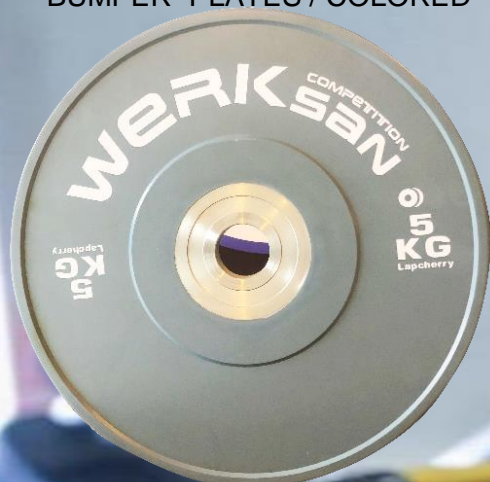


# CROSSFIT COMPETITION

BUMPER PLATES / COLORED

CROSSFIT

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CCBP105 COMPETITION  
BUMPER PLATES 5 KG  
DIAMETER ; 450 MM  
WIDTH ; 5 KG/ 33 MM



CCBP110 COMPETITION BUMPER  
PLATES 10 KG  
DIAMETER ; 450 MM  
WIDTH ; 10 KG 30 MM



CCBP115 COMPETITION  
BUMPER PLATES 15 KG  
DIAMETER ; 450 MM  
WIDTH ; 15 KG 40 MM



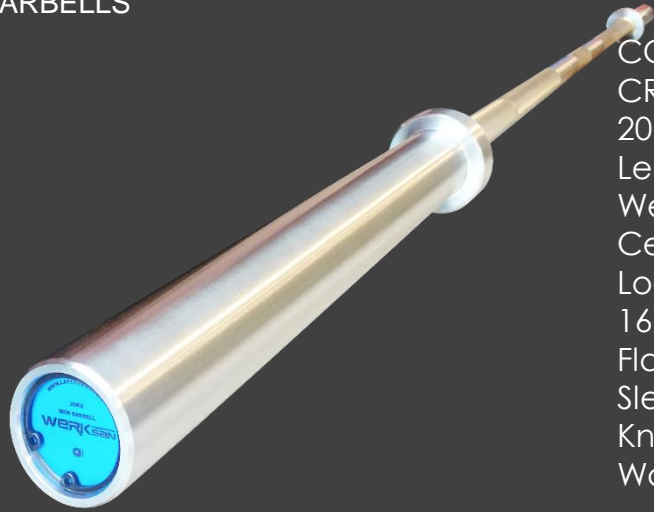
CCBP120 COMPETITION  
BUMPER PLATES 20 KG  
DIAMETER ; 450 MM  
WIDTH ; 20 KG 50 MM



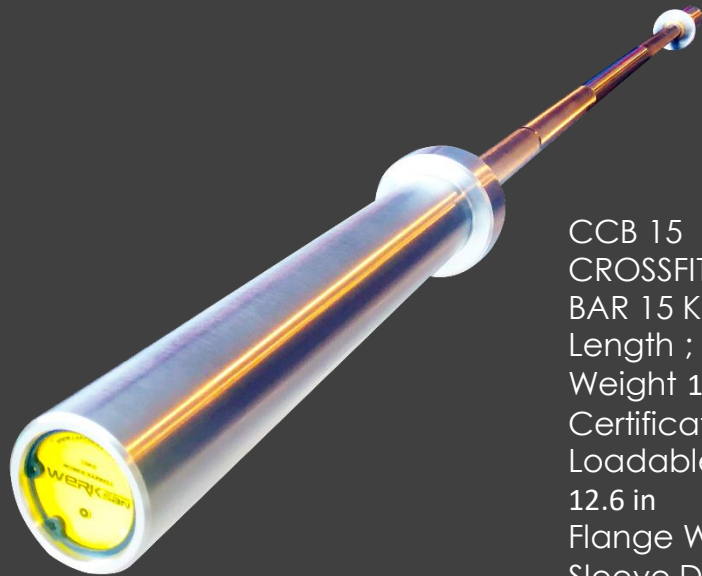
CCBP125 COMPETITION  
BUMPER PLATES 25 KG  
DIAMETER ; 450 MM  
WIDTH ; 25 KG 60 MM

# CROSSFIT COMPETITION

## BARBELLS



CCB 20  
CROSSFIT COMPETITION MEN BAR  
20 KG  
Length ;2200 mm / 86.61 in  
Weight 20 kg / 44.09 lbs  
Certification IWF  
Loadable Sleeve Length 415 mm /  
16.34 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years



CCB 15  
CROSSFIT COMPETITION WOMEN  
BAR 15 KG  
Length ; 2010 mm / 79.13 in.  
Weight 15 kg / 33.07 lbs  
Certification IWF  
Loadable Sleeve Length 320 mm /  
12.6 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years

CROSSFIT

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# COLORED

BUMPER PLATES

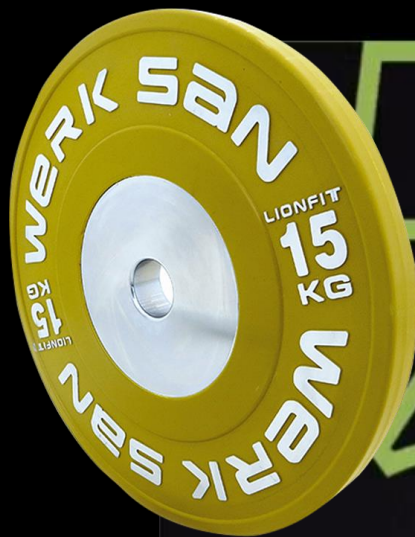
COLORED BUMPER PLATES , WE MAKE STANDART OF IWF.

DIAMETER ; 450 MM

WIDTH ; 10 KG 33 M 15 KG 42 MM 20 KG 53 MM 25 KG 63 MM

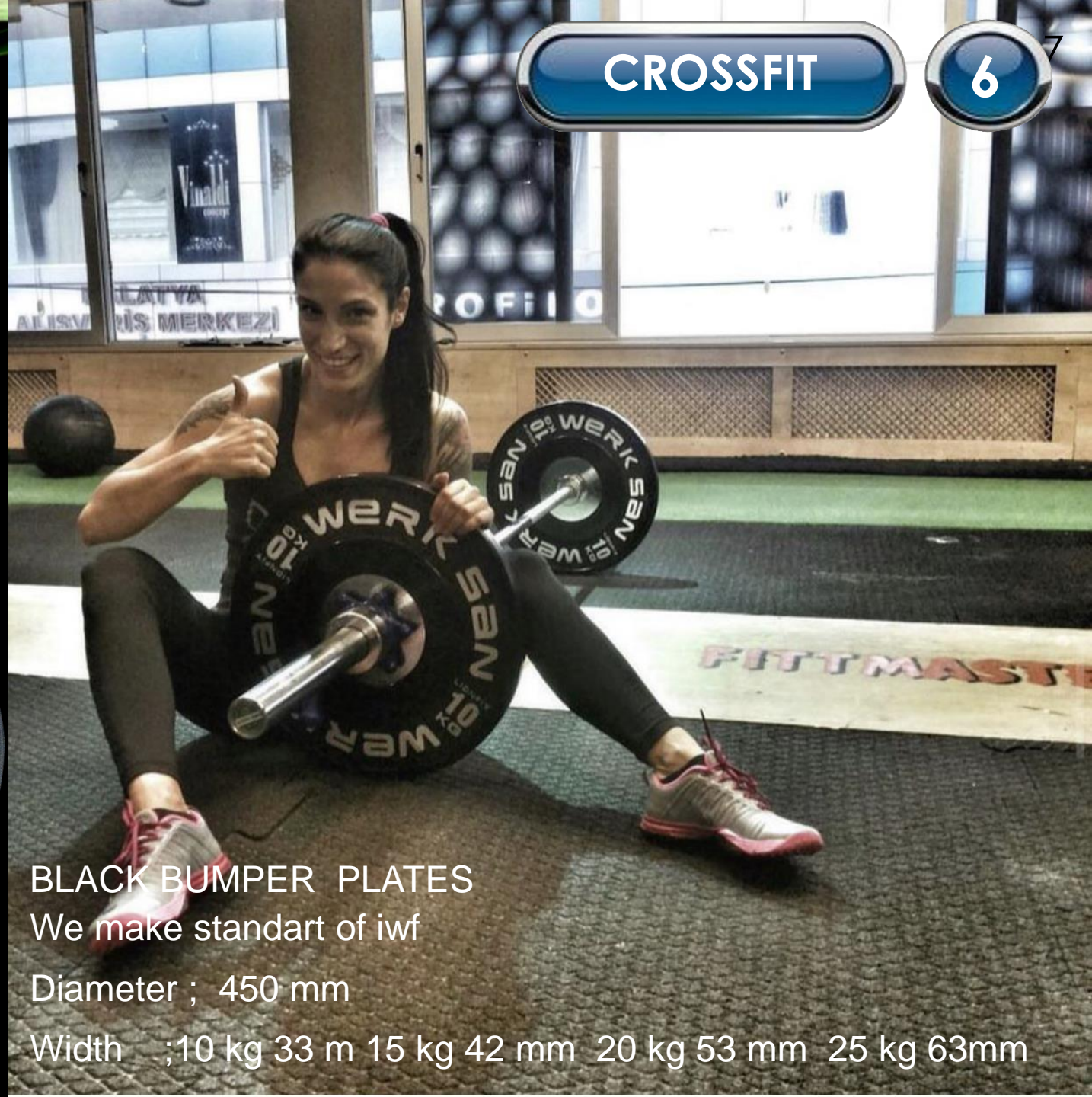
CROSSFIT

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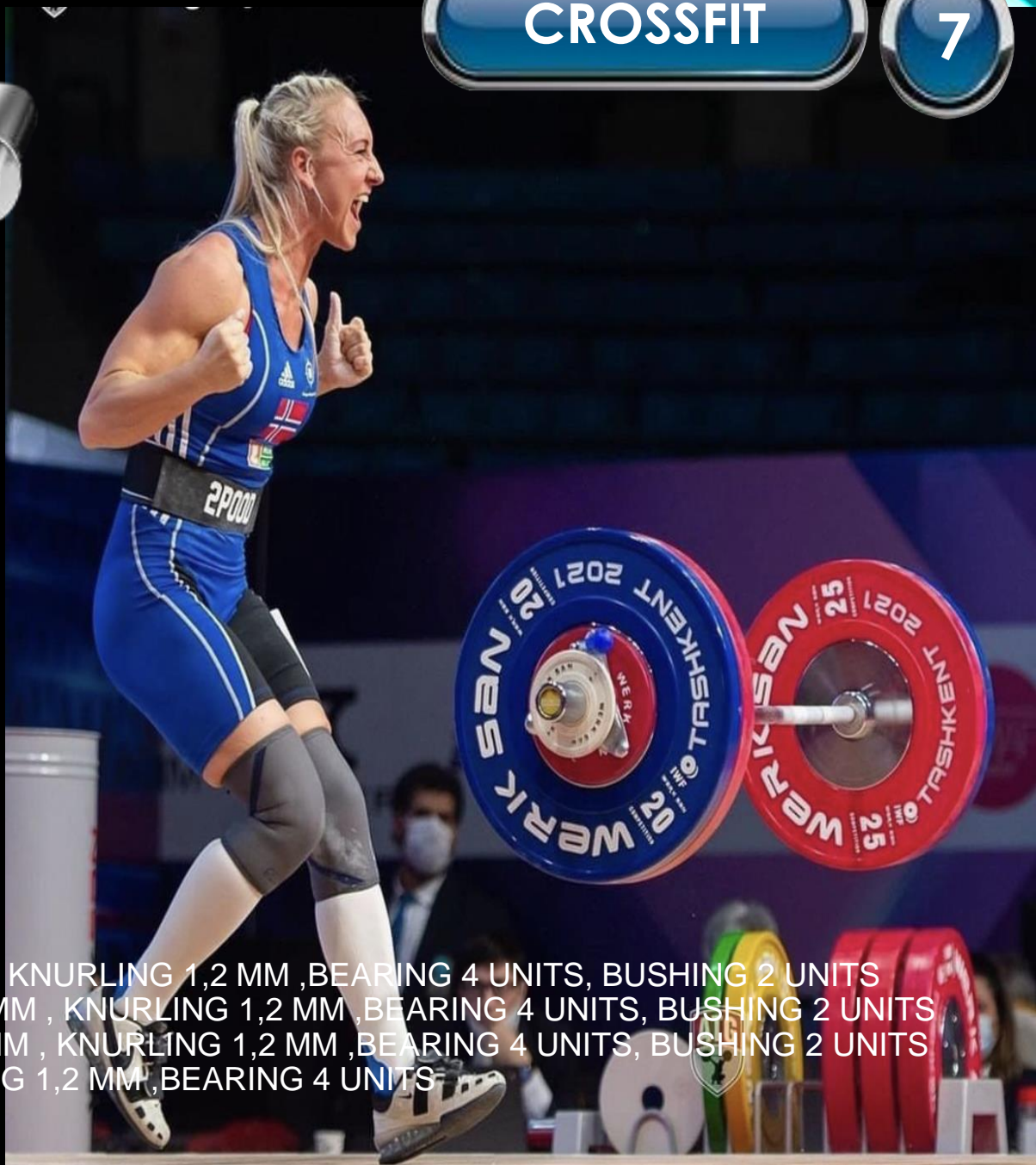




CROSSFIT



BLACK BUMPER PLATES  
We make standart of iwf  
Diameter ; 450 mm  
Width ; 10 kg 33 m 15 kg 42 mm 20 kg 53 mm 25 kg 63mm



### BARBELLS

CROME COATED BARBELLS , WE MAKE STANDART OF IWF.

- 1-MEN BARBELL; WEIGHT ; 20 KG LENGTH 2200 MM ,HANDLE; 28 MM , KNURLING 1,2 MM ,BEARING 4 UNITS, BUSHING 2 UNITS
- 2-WOMEN BARBELL; WEIGHT ; 15 KG LENGTH 2020 MM ,HANDLE; 25 MM , KNURLING 1,2 MM ,BEARING 4 UNITS, BUSHING 2 UNITS
- 3-JUNIOR BARBELL; WEIGHT ; 10 KG LENGTH 1800 MM ,HANDLE; 25 MM , KNURLING 1,2 MM ,BEARING 4 UNITS, BUSHING 2 UNITS
- 4-Z BAR; WEIGHT ; 7 KG LENGTH 1200 MM ,HANDLE; 25 MM , KNURLING 1,2 MM ,BEARING 4 UNITS



STOP  
WHEN YOU ARE  
TIRED  
STOP  
WHEN YOU ARE  
DONE



EQUIPMENT FOR CROSSFIT  
BARBELL STORAGE  
1-WOOD STORAGE CAPACITY; 6  
2-METAL STORAGE CAPACITY; 3



CROSSFIT

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2-Wood box; 30 cm /40cm/50cm



3-Plyo soft box; 20 cm/30cm/40cm/50cm



4- PLATE CARRIER

1-Soft box 40x50x60cm/50X60X70 CM



1-SHOTTING MAT  
2-WOOD RINGS

CROSSFIT

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Core bag ;5 kg-10 kg-15 kg-20 kg



BULGARIAN BAG; 5 KG-10KG-15 KG-20 KG

CORE BAG RACK



CROSSFIT

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**MEDICINE BALL**  
2-4-6-8-10-12-16-20 KG

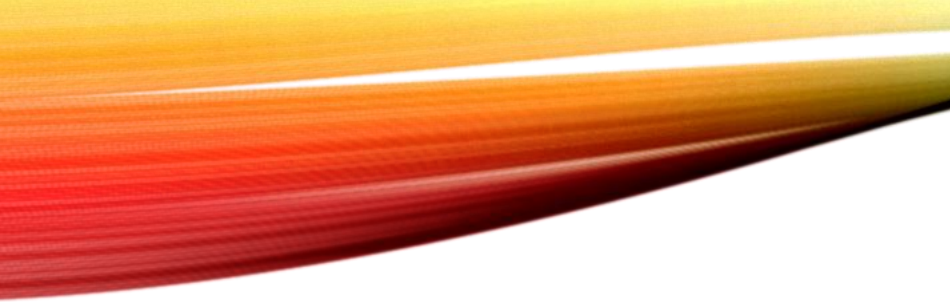
**MEDICINE BALL RACK**  
LENGHT;162 CM WIDTH;36 CM HEIGH;150 CM



**CROSSFIT**

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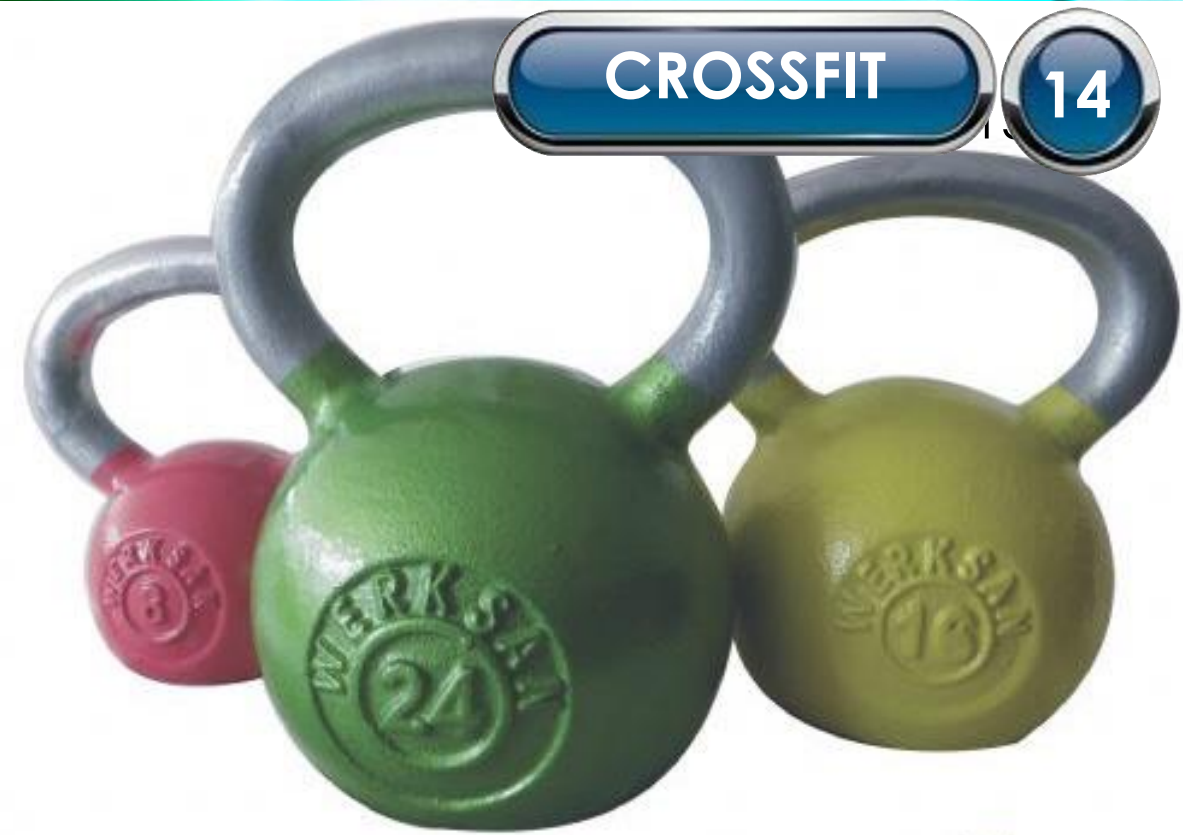
SLED  
DOG SLED



## KETTLEBELLS

COLORED, WE MAKE STANDART OF IWF.  
4KG-8KG-12KG-16 KG-20 KG-24KG-28KG

KETTLEBELL AND DUMBBELL RACK



**DUMBELLS**  
**CUSTOM**  
4 KG-8 KG-12 KG-16 KG-20 KG-24 KG-28 KG

**HEX DUMBELLS**  
5-7,5-10-12,5-15-20-25-30 KG





PRO ADJUSTABLE BENCH



EKO ADJUSTABLE BENCH



**A** ABSOLUTE PERFORMANCE

**CROSSFIT**

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## ADJUSTABLE GLUTE HAM DEVELOPER



## REVERSE HYPER



## GLUTE HAM DEVELOPER





LITE RACK



LITE SQUAT STAND



PRO POWER RACK



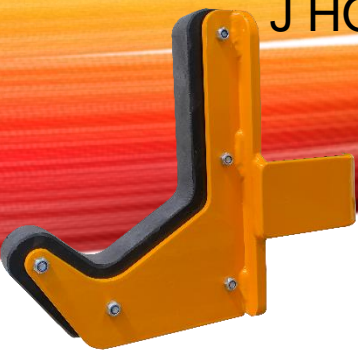
LIONFIT PRO POWER RACK

HALF RACK LIONFIT



CROSSFIT

J HOLDER



WALL TARGET  
+WOOD



ROPE HOLDER



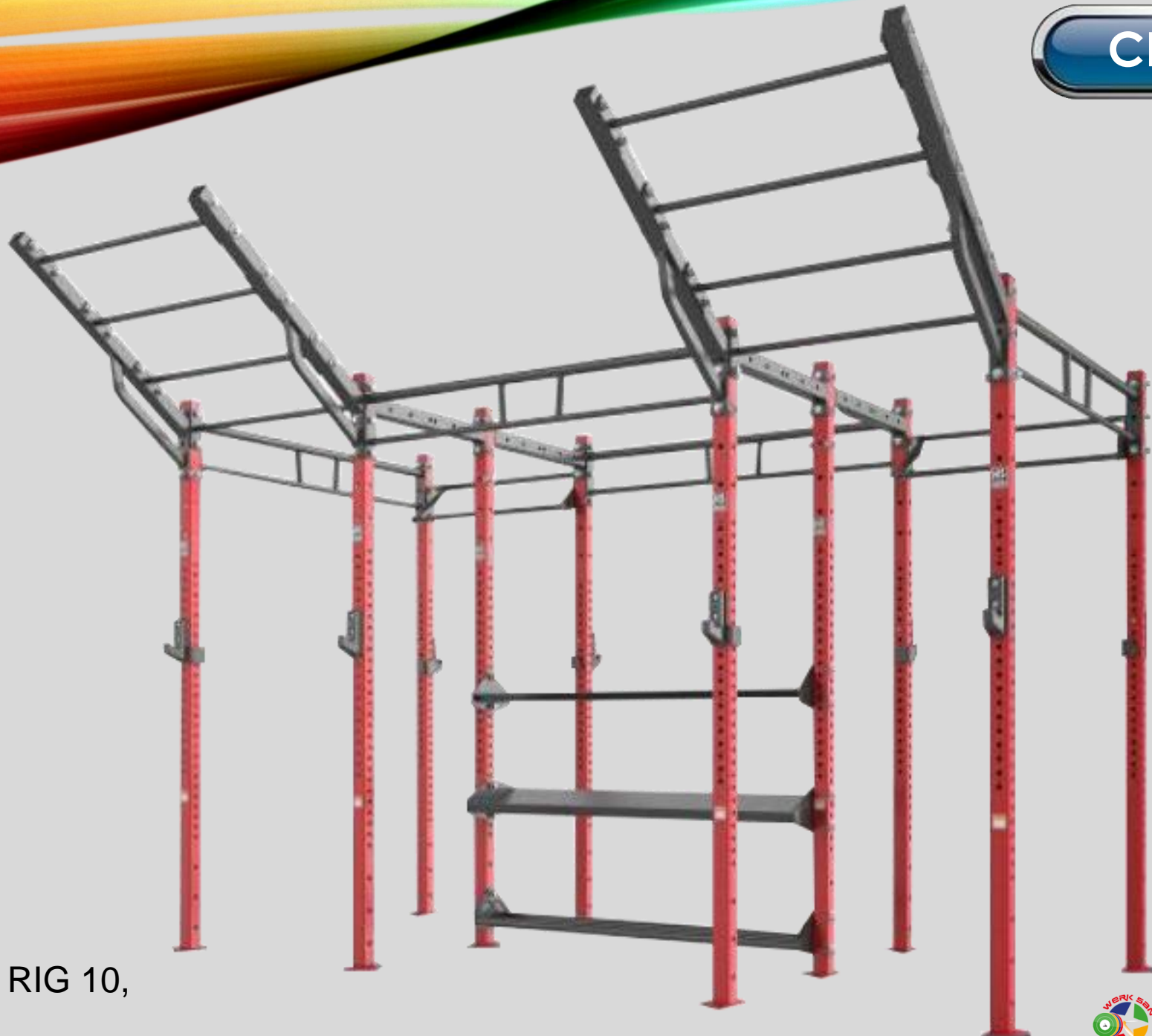
PRO POWER RACK+3\*2MT  
PLATFORM



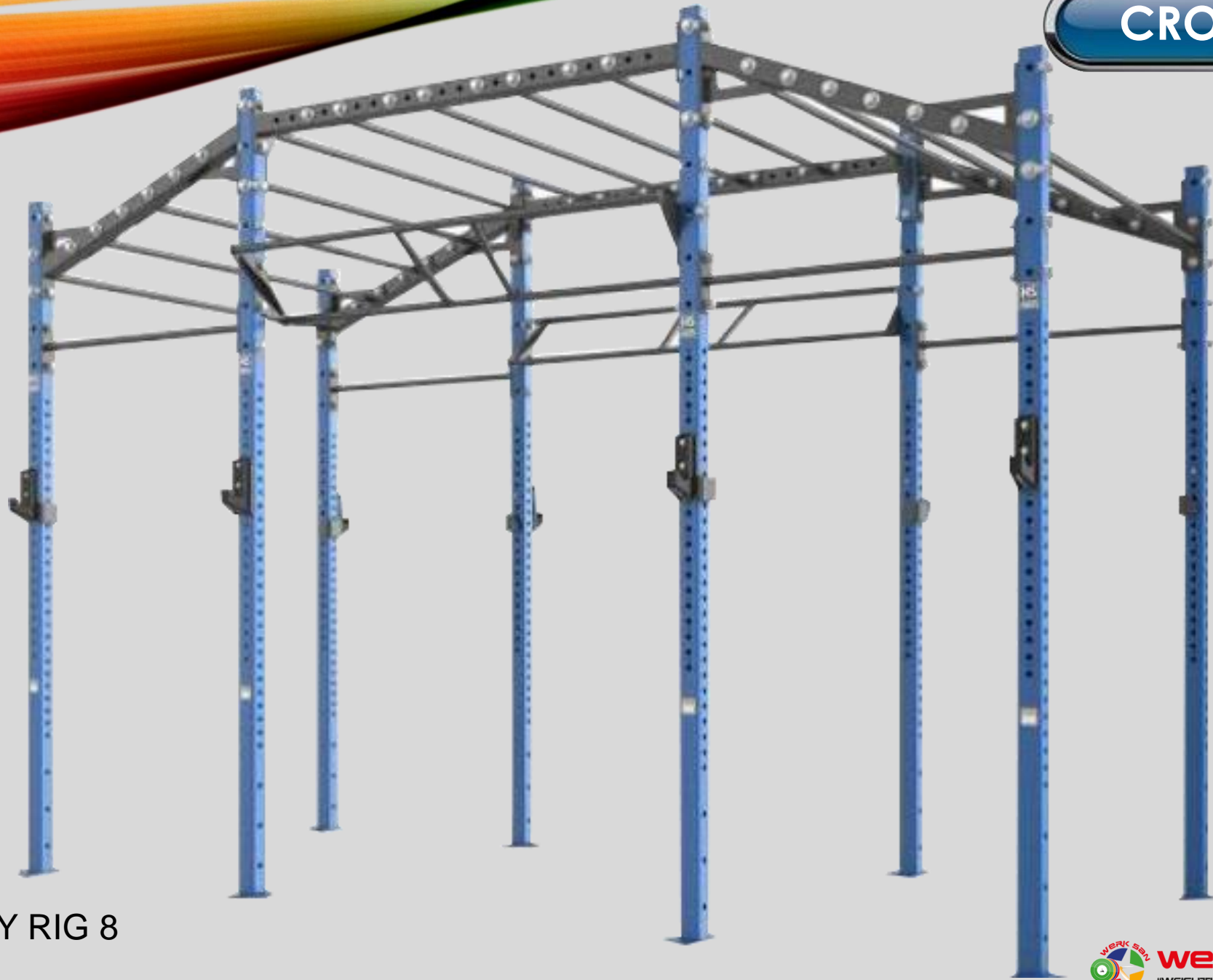
CROSSFIT

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LIONFIT MONKEY RIG 10,



LIONFIT MONKEY RIG 8



RED 175 LBS / 80 KG



BLACK 100LBS/ 45,35 KG



GREEN 65LBS / 30 KG



PURPLE 140 LBS/63,5 KG

BANDS





NON MOTORIZED TREADMILL



TREADMILL 8 HP



AIR BIKE



AIR ROWER



UP RIGHT BIKE



ELLIPTICAL BIKE  
TOUCH SCREEN



RECUMBENT BIKE



SPIN BIKE



JUMP ROPE

# IWF APPROVED EQUIPMENTS



IWF

IWF TRAINING DISCS

DIAMETER ; 450 MM

WIDTH ; 10 KG 34 MM / 15 KG 45 MM / 20 KG 50 MM / 25 KG 64 MM



IWFTD 10  
IWF APPROVED TRAINING 10 KG DISC



IWFTD 15  
IWF APPROVED TRAINING 15 KG DISC



IWFTD 20  
IWF APPROVED TRAINING 20 KG DISC



IWFTD 25  
IWF APPROVED TRAINING 25 KG DISC



# IWF APPROVED EQUIPMENTS

## IWF TRAINING DISCS



IWFTDC 5  
IWF APPROVED  
TRAINING CROM 5  
KG DISC  
/DIAMETER;228 MM  
WITH; 17 MM

IWFTDC 2,5  
IWF APPROVED  
TRAINING CROM  
2,5 KG DISC  
DIAMETER;187 MM  
WITH; 13 MM

IWFTDC 2  
IWF APPROVED  
TRAINING CROM  
2 KG DISC  
DIAMETER;167 MM  
WITH; 14 MM



IWFTDC 1,5  
IWF APPROVED  
TRAINING CROM  
1,5 KG DISC  
DIAMETER;156  
MM WITH; 12 MM

IWFTDC 1  
IWF APPROVED  
TRAINING CROM  
1 KG DISC  
DIAMETER;138  
MM WITH; 11 MM

IWFTDC 0,5  
IWF APPROVED  
TRAINING CROM  
0,5 KG DISC  
DIAMETER;128  
MM WITH; 7 MM

WEIGHTLIFTING

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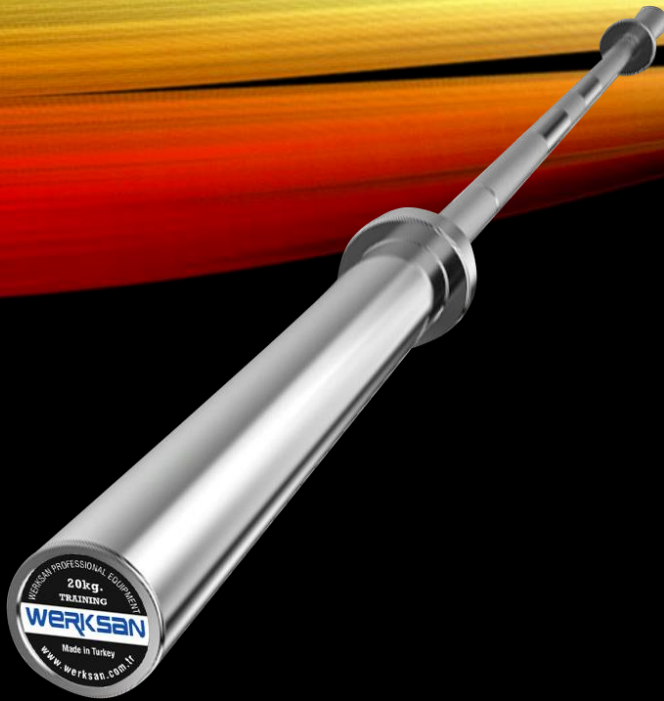
RASOUL MOTAMEDI (IRI)  
GOLD MEDAL



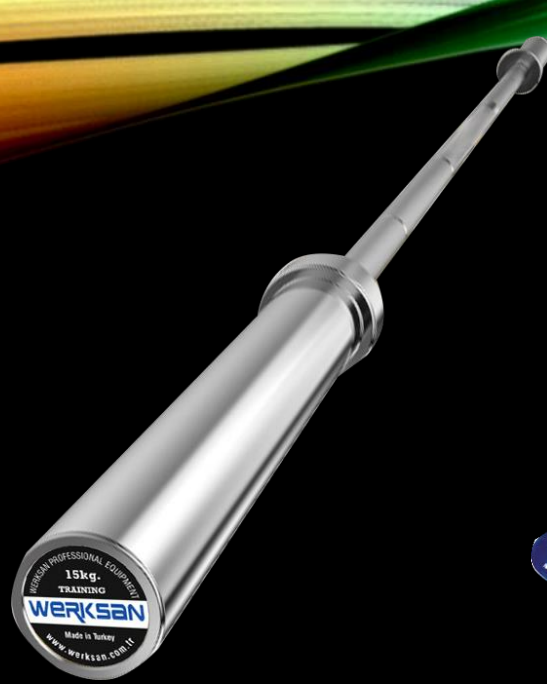
SNATCH  
177 KG

C&J  
220 KG

TOTAL  
397 KG



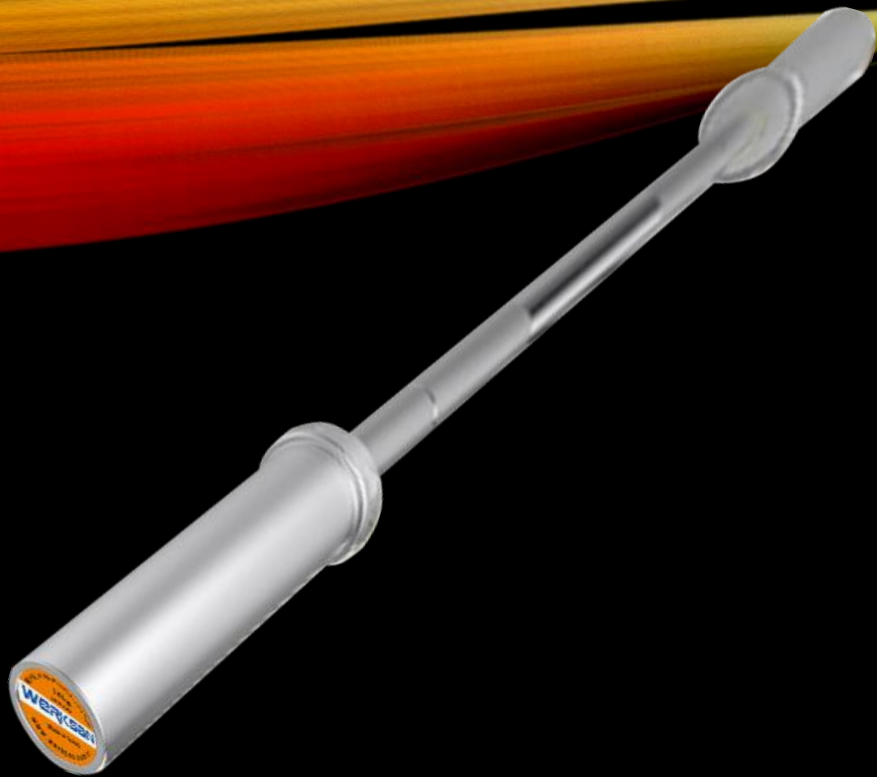
IWFTBM 20  
IWF APPROVED TRAINING MEN  
BAR 20 KG DISC /  
Length ;2200 mm / 86.61 in  
Weight 20 kg / 44.09 lbs  
Certification IWF  
Loadable Sleeve Length 415 mm /  
16.34 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years



IWFTBW 15  
IWF APPROVED TRAINING WOMEN  
BAR 15 KG DISC /  
Length ; 2010 mm / 79.13 in.  
Weight 15 kg / 33.07 lbs  
Certification IWF  
Loadable Sleeve Length 320 mm /  
12.6 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years



IWFTBL 5  
IWF APPROVED TRAINING BARBELL  
LOCKS  
WIDTH; 135 mm  
Weight 5 kg (2,5 KG+2,5 KG)  
HOLE; 50 MM  
THICKNESS; 76MM  
Certification IWF  
Warranty ;5 years



IWFTBE 10  
IWF APPROVED TRAINING  
EDUCATION BAR 10 KG  
DISC /  
Length ;1800 mm Weight  
10 kg / Certification IWF  
Loadable Sleeve Length  
250 mm Flange Width 25  
mm  
Sleeve Diameter 50 mm /  
1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years



IWFTED5  
IWF APPROVED EDUCATION DISC  
Diameter; 450 mm  
WIDTH ; 100 mm  
WeigCertificht 5 kg  
Certification IWF  
Color; white  
Hole Diameter 50 mm / 1.97 in.  
Warranty ;5 years



IWFTED2,5  
IWF APPROVED EDUCATION DISC  
Diameter; 450 mm  
WIDTH ; 80 mm  
WeigCertificht 2,5 kg  
Certification IWF  
Color; Red  
Hole Diameter 50 mm / 1.97 in.  
Warranty ;5 years



IWFTEDL03  
IWF APPROVED  
EDUCATION BARBELL  
LOCK  
WIDTH ; 135 mm  
Weight 0,3 kg  
Certification IWF  
Color; BLACK/RED  
Hole Diameter 50 mm  
/ 1.97 in.  
Warranty ;5 years

WEIGHTLIFTING

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# IWF APPROVED EQUIPMENTS

IWF COMPETITION DISCS

DIAMETER ; 450 MM

WIDTH ; 10 KG 34 M / 15 KG 42 MM / 20 KG 54 MM / 25 KG 64 MM



IWFCD 10  
IWF APPROVED COMPETITION 10 KG DISC



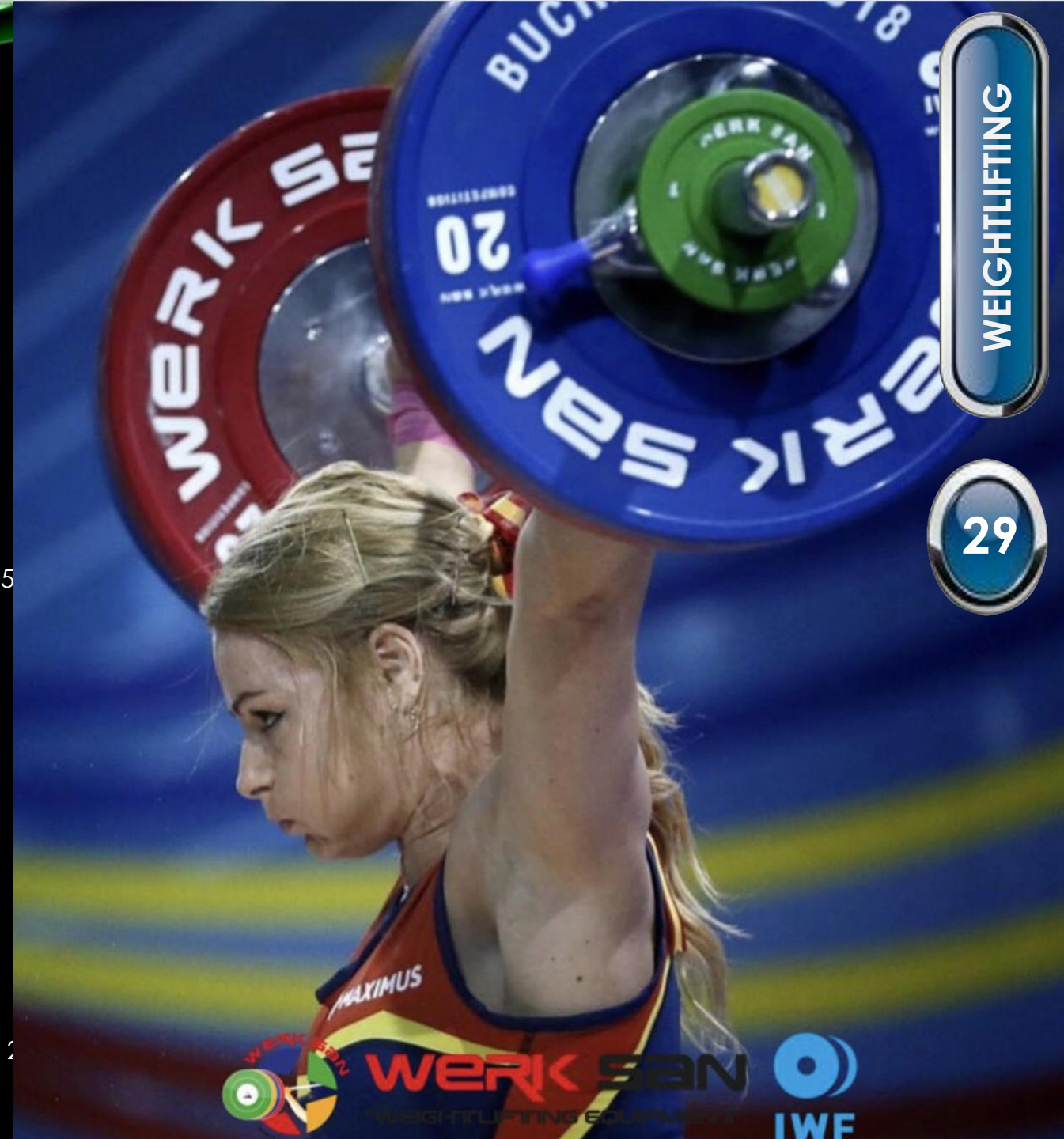
IWFCD 15  
IWF APPROVED COMPETITION 15 KG DISC



IWFCD 20  
IWF APPROVED COMPETITION 20 KG DISC



IWFCD 25  
IWF APPROVED COMPETITION 25 KG DISC



WEIGHTLIFTING

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**WERK SAN**

WEIGHTLIFTING EQUIPMENT



**IWF**

# IWF APPROVED EQUIPMENTS

## IWF COMPETITION DISCS



IWFCD 5  
IWF APPROVED  
COMPETITION  
RUBBER 5 KG DISC  
/DIAMETER;235 MM  
WITH; 23 MM



IWFCD 2,5  
IWF APPROVED  
COMPETITION  
RUBBER 2,5 KG  
DISC DIAMETER;195  
MM WITH; 18 MM



IWFCD 2  
IWF APPROVED  
COMPETITION  
RUBBER 2 KG  
DISC  
DIAMETER;173 MM  
WITH; 20 MM



IWFCD 1,5  
IWF APPROVED  
COMPETITION  
RUBBER 1,5 KG  
DISC  
DIAMETER;163  
MM WITH; 17 MM



IWFCD 1  
IWF APPROVED  
COMPETITION  
RUBBER 1 KG  
DISC  
DIAMETER;147  
MM WITH; 16 MM



IWFCD 0,5  
IWF APPROVED  
COMPETITION  
RUBBER 0,5 KG DISC  
DIAMETER;134 MM  
WITH; 12 MM





IWFCBM 20  
IWF APPROVED TRAINING MEN  
BAR 20 KG DISC /  
Length ;2200 mm / 86.61 in  
Weight 20 kg / 44.09 lbs  
Certification IWF  
Loadable Sleeve Length 415 mm /  
16.34 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years

IWFCBW 15  
IWF APPROVED TRAINING WOMEN  
BAR 15 KG DISC /  
Length ;2010 mm / 79.13 in.  
Weight 15 kg / 33.07 lbs  
Certification IWF  
Loadable Sleeve Length 320 mm /  
12.6 in  
Flange Width 30 mm / 1.18 in  
Sleeve Diameter 50 mm / 1.97 in.  
Knurling 1.2 – Training  
Warranty ;5 years

IWFCBL 5  
IWF APPROVED COMPETITION  
BARBELL LOCKS  
WIDTH; 155 mm  
Weight 5 kg (2,5 KG+2,5 KG)  
HOLE; 50 MM  
THICKNESS; 65 MM  
Certification IWF  
Warranty ;5 years





2,5 KG AND 5 KG  
TECHNIC PLATES  
COLORED BUMPER PLATES , WE  
MAKE STANDART OF IWF.

DIAMETER; 450 MM  
WIDTH ; 5 KG  
33 MM 2,5 KG 20 MM



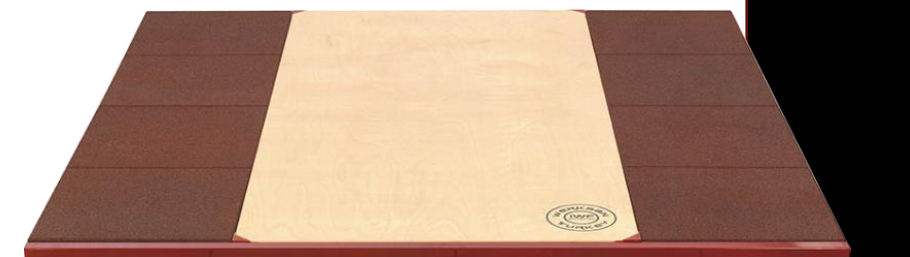
IWFTP325  
IWF APPROVED TRAINING PLATFORM 3X2,5 MT  
Thickness; 3 cm  
Weight 270 kg Certification IWF  
Material; wood /hard rubber  
Warranty ;5 years



IWFTP320  
IWF APPROVED TRAINING PLATFORM 3X2 MT  
Thickness; 3 cm  
Weight 234 kg Certification IWF  
Material; Wood/Hard rubber  
Warranty ;5 years



IWFTP310  
IWF APPROVED TRAINING PLATFORM 3X1 MT  
Thickness; 3 cm  
Weight 162 kg Certification IWF  
Material; Wood/Hard rubber  
Warranty ;5 years



IWFTP220  
IWF APPROVED TRAINING PLATFORM 2X2 MT  
Thickness; 3 cm  
Weight 162 kg Certification IWF  
Material; Wood/Hard rubber  
Warranty ;5 years

IWF  
APPROVED  
EQUIPMENTS  
TRAINING



# IWF APPROVED EQUIPMENTS COMPETITION

IWFCP 4X4 MT X10 CM  
IWF APPROVED COMPETITION PLATFORM 4 MT X 4 MT X 10 CM  
Thickness; 10 cm  
Weight 1500 kg Certification IWF  
Material; Wood 20 Units  
Warranty ;5 years



IWFMB100  
IWF APPROVED  
TRAINING BOX  
Dimension;  
Width;700mm  
Length; 700mm  
High; 900 mm  
Weight; 11kg  
Certification IWF  
Warranty ;5 years



IWFPB 110  
IWF APPROVED PULL  
BOX  
Dimension;  
Width;580mm  
Length;1080 mm  
High; 360 mm  
Weight 120 kg  
Certification IWF  
Material; Profile  
Warranty ;5 years



IWFJB 120  
IWF APPROVED JERK  
BOX  
Dimension;  
Width;580mm  
Length;1080 mm  
High; 900 mm  
Weight 150 kg  
Certification IWF  
Material; Profile  
Warranty ;5 years



IWFCS 130  
IWF APPROVED SQUAT  
RACK  
Dimension;  
Width;400mm  
Length;850 mm  
High; 1350mm  
Profil; Metal/50mm\*50  
mm\*2mm  
Elektrostatik powder  
Weight 40 kg Certification IWF  
Warranty ;5 years

WEIGHTLIFTING

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IWFPR140  
IWF APPROVED  
PLATE RACK 287 KG  
Dimension;  
Width;430mm  
Length; 1300mm  
Height; 230 mm  
Weight; 25kg  
Certification IWF  
Warranty ;5 years



IWFCMB 150  
IWF APPROVED COMPETITION  
MAGNEZYUM BOX  
Dimension;  
Width;450mm  
Length;450 mm  
High; 900 mm  
Weight 20 kg Certification IWF  
Material; Profile  
Warranty ;5 years



IWFS 160  
IWF APPROVED ATHLETICS  
SCALE  
Dimension;  
Width;500mm  
Length;600 mm  
High; 910 mm  
Human Weight 300 kg  
Exceptional Precision; 0-20 gr  
Weight; 25 kg  
Certification IWF  
Material; Profile  
Warranty ;5 years



IWFBS 170  
IWF APPROVED SQUAT  
RACK  
Dimension;  
Width;100mm  
Length;800 mm  
High; 1620mm  
Elektrostatik powder  
Weight 50 kg  
Certification IWF  
Warranty ;5 years

WEIGHTLIFTING

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DSCF0001 - BLACKGOLD  
Eu number; 35-36-37-38-39-40-41-42-43-44-45  
Heel height; 30 mm  
Certification IWF  
Warranty ;2 years



### DSCF2023

Eu number; 35-36-37-38-39-40-41-42-43-44-45  
Heel height; 30 mm  
Certification IWF  
Warranty ;2 years





### IPF Standart Competition Combo Rack

Max load; 550 kg  
Product weight ; 115 kg  
Warranty ;4 years



### IPF Standart 20 kg Barbell

Loadable sleeve; 433 mm  
Bar diameter; 29 mm  
Bushing  
Warranty ;5 years



### IPF STANDART COMPETITION PLATE

10-15-20-25KG  
Material; Calibrated casting  
Warranty ;5 years



### IPF STANDART COMPETITION CHANGE PLATE;

0,5-1-1,5-2-2,5-5 KG  
Warranty ;5 years





## WPPO Powerlifting Bench Press

LENGTH; 2228MM  
WIDTH; 1245 MM  
HEIGHT; 490 MM  
MAX USER ; 180KG  
Warranty ; 4 years



## WPPO WORLD PARA POWERLIFTING BARBELL

WEIGHT; 20 KG  
LENGTH; 2200MM  
SLEEVE; 50 MM  
FLANGE; 30 MM  
LOADABLE SLEEVE LENGTH; 415 MM







00905321661334



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